

ROCK SOLID FITNESS

2110 Main Street, Dunedin, FL 34698
• 727-282-1800 • www.RockSolidFitnessFL.com •

SCHEDULE NOTIFICATION FORM

****MUST BE 10 DAYS PRIOR TO NEXT AUTO-PAY CYCLE****

****YOUR AUTO-PAY RATE WILL BE ADJUSTED FOR THE APPOINTMENTS MISSED****

Client Name: _____ Date: _____

Start Date: _____ End Date: _____

Reason for missing your strength training appointments:

Number of Appointments missed: _____

If applicable, please cancel and reschedule all appointments that fall with-in these dates.

Client Signature: _____ Date: _____

*******TO BE COMPLETED BY ROCK SOLID FITNESS STAFF*******

Contact log completed?

Auto-Pay date adjusted: _____

Auto-Pay amount: _____

Completed by: _____ Date: _____

NOTES: